

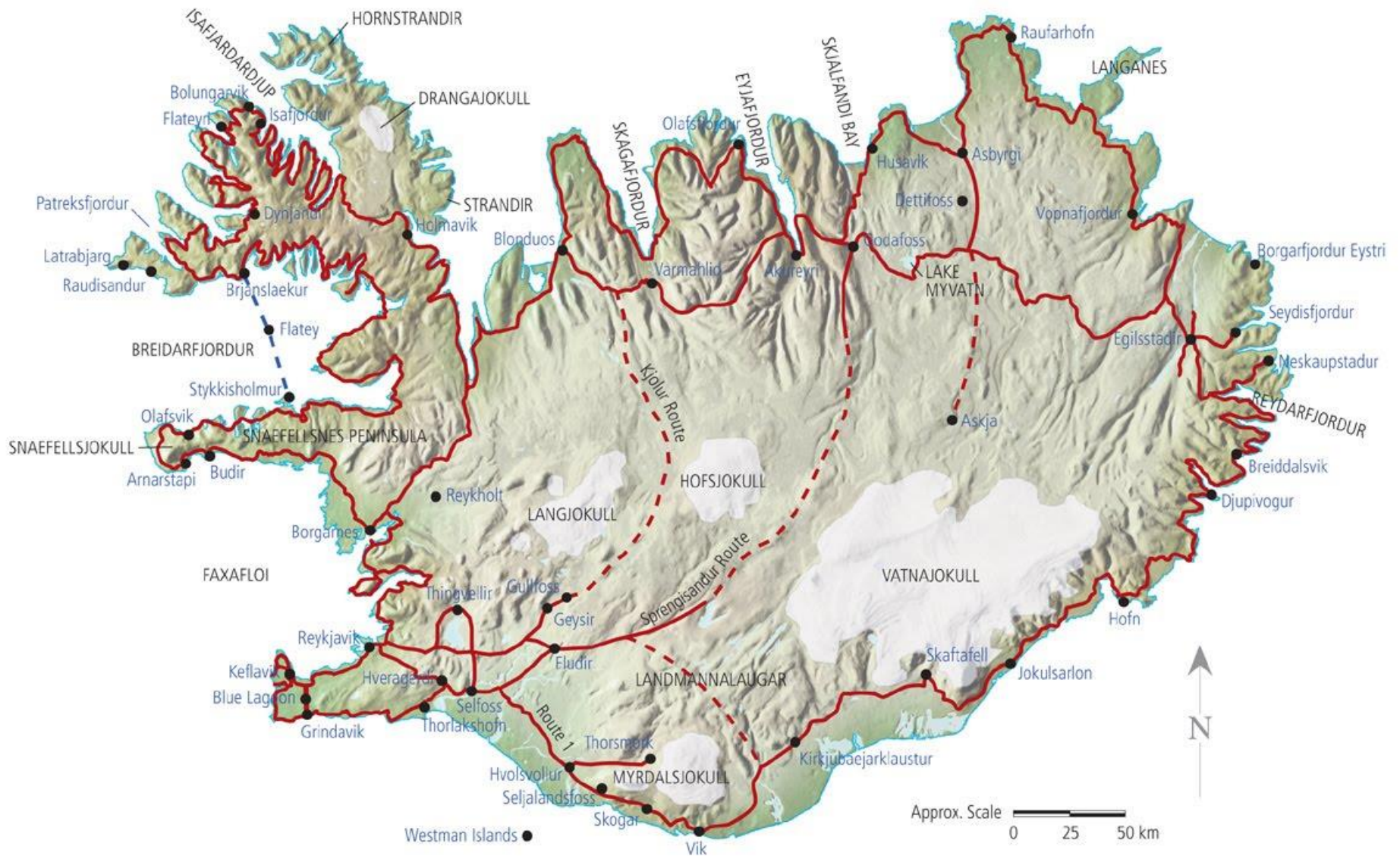
Kit List

- Clothing should be both warm and waterproof, ideally with several layers. Base layers / **thermals are recommended.**
- **Sturdy boots for fieldwork** are essential – not wellingtons or trainers.
- **Waterproofs** – top and bottom, i.e. over trousers and water proof rain coat.
- Fleece or warm jacket (ski equipment ideal but likely to get wet).
- **Gloves and hat**
- Towel and washing equipment
- **Swim wear**
- Sleep wear
- Clothing for 5 days
- Lip salve and sun cream (just in case! We can be up very high).
- Adaptor plugs for electrical equipment (UK to EU 2 x round pin type).
- Clipboard and drawing equipment.
- Sun glasses.
- Camera (at own risk).
- **Chocolate bars – they are expensive in Iceland!**
- Cash in Icelandic Kr to the value of £50-75 – not much opportunity to spend but you might need to get additional food at the airports. Exchange rate approx. 200Kr/£.
- **PASSPORT.**
- A book to read on the plane/coach.

Baggage

- Hold luggage – max 23kg (do NOT go over!)
- Hand luggage - The main piece of cabin luggage must be no larger than 56cm x 45cm x 25cm including handles, wheels and pockets. Each passenger is also allowed a smaller handbag/laptop bag and from August 18, 2015, the maximum size of these bags was reduced to 40cm x 30cm x 15cm (including handles, pockets and wheels).

Iceland map



Accommodation



- Hotel Selfoss

Accommodation – Hotel Selfoss



Accommodation – Hotel Selfoss



Daily Routine

Most days will follow a broadly similar routine – times will of course vary;

- 7-8am – Breakfast
- 8:30 am – Head out for the days exploration
- Midday – Lunch on the road (provided by hotel)
- 6:00 pm – Return to hotel, time to relax, have a swim
- 7:00pm – Dinner
- 8:00pm – Evening classroom session
- 10:00pm – End of day

Day 1 – arrival at Keflavik



Outward: London Heathrow to Reykjavik, 29 March 2018 07.45 / 09.55

Flight BA0800

Inward: Reykjavik to London Heathrow, 2 April 2018 10.55 / 15.00

Flight BA0801



Day 1 – Blue Lagoon



Day 1 - Hellisheidi



Day 1 - Hveragrdi



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Day 2 – Eyjafjalljokull



Day 2 - Solheimajokull



Day 3 – Geysir and Strokkur



Day 3 – Geysir & Stokkur



Day 3 - Thingvellir



Day 3 – Kerio 2014



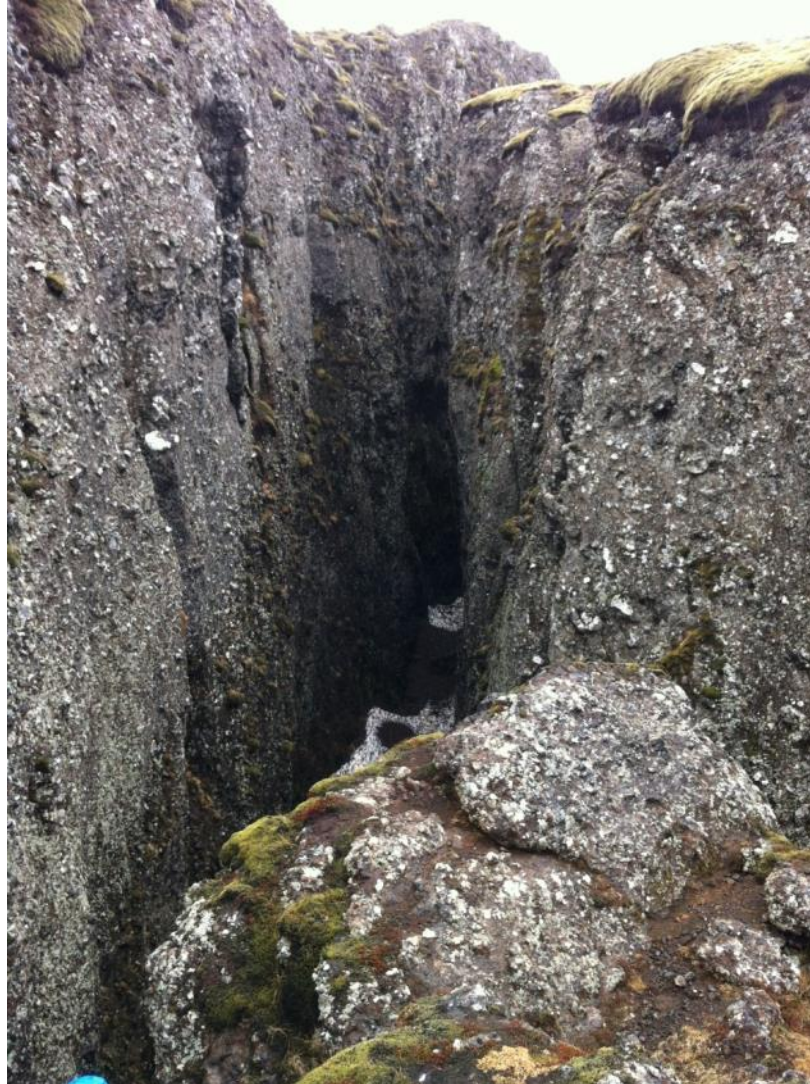
Day 3 – Kerio in the Snow 2015



Day 3 - Gullfoss



Day 4 - Lambsafellsgja



Day 4 - Lambsafellsgja



Day 4 - Stampar



Day 4 - Stampar



Day 4 - Krysuvik



Communication

- Updates/photos via twitter @BWSTrips
- **Emergency** contact numbers:
- SDS 07538194228
- MXT 07900490380
- Hotel Eyravegi 2, 800, Selfoss
 00 354 480 2500

A contact number for our tour operator will be issued in due course